

YORKVILLE YOUTH ATHLETIC ASSOCIATION



“ANOTHER LEVEL” CONDITIONING PROGRAM (TACKLE FOOTBALL EDITION)

Yorkville Youth Athletic Association presents “Another Level” conditioning program.

A foundation for athletic success is built on basic fundamental movement and skill development. For children ages 6 thru 14, this program is created to provide our young athletes with the tools needed to be successful on the football field.

Lance Williams, our Director of Travel and Training will be the instructor for this 5 week program. If you want to enhance your athletic ability, it’s time to take it to “Another Level”.

**Program is held on Saturday afternoons starting April 18th thru May 16th.
Program Location – Julia Richmond, 300 East 68th Street, corner of 2nd Avenue.**

Please check one:

Session A () – 3:00pm-4:00pm

Session B () – 4:00pm-5:00pm

**Please make your non-refundable check for \$125.00 payable to:
Yorkville Youth Athletic Association, and send it to
P.O. Box 1556, New York, N.Y. 10028**

Player’s Name _____ Grade _____ Age _____

Parent’s Name _____

Parent’s Email _____ Player’s Email _____

Address _____

Telephone (Home) _____ Telephone (Cell) _____

Telephone (Work) _____

Parent’s Signature _____ Date _____

YORKVILLE YOUTH ATHLETIC ASSOCIATION



“ANOTHER LEVEL” CONDITIONING PROGRAM (TACKLE FOOTBALL EDITION)

Yorkville Youth Athletic Association
Release Statement
2009

Release Statement: I, the parent/guardian of _____, do hereby give my approval for him/her to participate in any and all activities of the Yorkville Youth Athletic Association and agree to abide by all rules and regulations of the institution. I assume all risks and hazards incidental to such participation in these activities, and I do hereby waive, release, absolve, indemnify, and agree to hold harmless the Yorkville Youth Athletic Association and it's staff, the Board of Directors of The Yorkville Youth Athletic Association, officers and directors, the organizers, sponsors, supervisors, participants and all persons transporting my child/dependent to and from activities, from any claims arising out of an injury to my child/dependent, whether the result of negligence or for any other cause, except to the extent and in the amount covered by accident or liability insurance.

I also understand that the Yorkville Youth Athletic Association has a no refund, no credit policy for any reason at any time for any program.

Signature of Parent/Guardian _____

Date _____